

PCA Sports for Elementary

Sabres Tykes

This is a lunch program for Grades 1-3 where students are able to come to the gym and learn some skills and sports. It will be once a week at lunch. We focus on athlete development in this program and get the athletes to try as many activities as possible. Developing speed, agility and coordination is the goal while having fun learning new sports. The cost for this program is \$15 for the year and includes a Sabres shirt. You will find the 'optional' item in your child's SCO account. For the first couple of weeks, your child can attend without paying this fee if they would like to check it out first. After, we will take attendance with only those who have paid being allowed to stay. **Deadline to register on School Cash Online is Oct. 1.**

Jr Sabres

This is a Wednesday morning program for Grades 4-6 that will be similar to Sabres Tykes in their purpose. The front doors of PCA will open for students to attend. Stay tuned for start-up date and time. The program will consist of different athletic activities depending on the season and the availability of adult leaders. Like the Tykes, the cost for this program is \$15 for the year and includes a Sabres shirt. You will find the 'optional' item in your child's SCO account. For the first couple of weeks, your child can attend without paying this fee if they would like to check it out first. After, we will take attendance with only those who have paid being allowed to stay.

Deadline to register on School Cash Online is Oct. 1.

Intramurals

Intramurals is an optional program for Grades 4-6 that takes place during lunch hours (opposite side of the gym as the Sabres Tykes). The students will be divided into teams that will compete against each other throughout the year playing games like Handball, Soccer, Basketball, etc. depending on what the supervisors decide. Teams may or may not stay the same throughout the year. There is no cost to participate.