# Sample Daily Schedule

### **Meal Times:**

Monday-Friday: Weekends & Holidays:

Breakfast 7:30-9:00am
Lunch 11:30 – 1:30pm

Supper 5:00 – 6:00pm

Breakfast 8:00-9:00am
Lunch 12:00-1:00pm
Supper 5:00-6:00pm

#### **Dorm Schedule:**

#### Monday-Thursday:

8:40-3:25 pm - At school

3:30-5:00 pm - Free time

5:00-6:00 pm – Supper in Dining Hall

6:00-8:30 pm – Free time

8:30-9:30 pm – Study Hour – please be in your own room working on homework. If you need to study with a friend, you must have RA permission.

9:30-10:30 pm – Free time

10:30-11:00 pm – Quiet time for personal devotions

11:00 pm – Lights OUT Grade 9-11

12:00 pm – Lights OUT Grade 12

## Friday & Saturday:

11:00 pm – Curfew for Grades 9-11

12:00 pm – Curfew for Grade 12

## Sunday:

9:30 am - Wake up call for church

10:15 am - Room check - all students MUST be out of the dorm for church by this time

10:00 pm – Curfew for ALL students

10:30-11:00 pm - Quiet time

11:00 pm – Lights OUT Grade 9-11

12:00 pm - Lights OUT Grade 12